

Provisional program Experiënti@ Exchange Eindhoven: Starts and Turns

Dates: 14 -18 March 2023

Location: National Swimming Complex Tongelreep, Antoon Coolenlaan 1 Eindhoven, The Netherlands

Hosted by: InnoSportLab de Tongelreep (ISLT)

Tuesday 14th of March: Travel day

Wednesday 15th of March : Welcome, Introduction and presentation (PhD) projects

12:30 – 13:00

Welcome

13:00 – 17:00

Presentations of several projects running at ISLT

Drs. Roald van der Vliet

The Story of InnoSportLab de Tongelreep

Michel de Haan, PhD

Physiological Testing in Swimming

Carola Minkels, PhD

Self- determination theory in Swimming Lessons

Myrna van Duijven, MSc

Master thesis: Improving the tumble turn performance in swimming about the impact of wall contact time and tuck index

To be determined

Talent Development in Swimming

Paul Koster, PhD

Implications of the choice of distance-based measures in assessing and investigating tumble turn performance

Thursday 16th of March: Starts and turns*

10:30 – 13:00

Practical Session Starts

14:00 – 15:30

Theoretical Session Starts

16:00 – 17:30

Theoretical Session Turns

Friday 17th of March: Turns and Open Presentations*

10:30 – 13:00

Practical Session Turns

14:00 – 16:00

Presentations of Participants

Saturday 18th of March: Travel day

*Theoretical and practical starts and turns sessions will be presented by Dr. S. Schreven and Drs. R. van der Vliet

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