

Introduction

Slovak Swimming Federation would like to welcome teams from Czechia, Hungary, Poland and Slovakia in Poprad which will be the host city of upcoming V4 Olympic hopes international swimming competition. Due to current situation, we were forced to move the dates of the competition to the end of May. Unfortunately, most of the swimming pools in Slovakia are closed and we have only couple of bubbles available for our athletes. And with the upcoming European Championships we couldn't find enough space for all 4 teams to have competition on such level as V4.

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Teams:	Český svaz plaveckých sportů
	Magyar úzsó szovetség
	Polski Związek Pływacki
	Slovenská plavecká federácia
Location:	AquaCity Poprad, Športová 1297/1, Poprad 058 01
Venue:	Indoor 50 m pool, 8 lanes
Timing:	SwissTiming Quantum Aquatics, FINA starting platforms and
	backstroke ledges available
Rules applicable:	FINA rule book and Slovak Swimming Rules for swimming
	competitions
Sessions:	1st session - morning 29.05.2021
	2nd session – evening 29.05.2021
	3rd session - morning 30.05.2021
Warm-up:	1,5 hours before the session start
Training:	Training for teams will be available upon request and current
	bubble regulation.
Age groups:	Girls 14 and 15 years old / 2006 - 2007
	Boys 15 and 16 years old / 2005 - 2006
Entry fee:	0€
Competition system:	In every discipline may participate two swimmers per country.
	The nomination is based on participation of one younger
	swimmer and one older swimmer in each discipline.









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Starts out of the competition:

Starts are allowed. Swimmers out of competition won't be awarded points and won't get medals when achievening better times then swimmers in the competition.

Award	system	

Individual evens	1 st place - 9 points 2 nd place - 7 points 3 rd place - 6 points 4 th place - 5 points 5 th place - 4 points 6 th place - 3 points 7 th place - 2 points 8 th place - 1 point
Relay events:	1 st place – 16 points 2 nd place – 12 points 3 rd place – 8 points
	4 th place – 4 points
Awards:	First three swimmers in each discipline in boys and girls will be
	receive medals.
Team cup:	Teams will be awarded cups based on points table in individual and relay events.

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Organizer	Slovak Swimming Federation Za kasárňou 1, 831 03 Bratislava	
	Slovakia	
Information	Miroslav Nowak, general secretary	
	- <u>sport@swimmsvk.sk</u> , 00 421 903 717 236	
Local OC	TBD	

Important dates

Entries Entry has to be sent in lenex format via email no later than 24.05.2021









Accommodation	TBD
Rooming list	TBD
Travel itinerary	TBD
Team leaders meeting	28.05.2021, place TBD

Venue



Venue for this competition AQUACITY Poprad. The pool is in the same building as hotel, so we can promise the best COVID available. The protocol competition will be held in bubble. That that means swimmers and team staff cannot leave venue.

Hotel is located about 3 hours

by car from Bratislava in the foothills of Tatra mountains.

Pool is 50 m long with depth between 1,2 m and 1,8 m. 8 lanes, each 2,5 m wide. The pool has tribune with enough space for all teams to allow social distancing.











Competition schedule

1st session

Saturday, 29.05.2021

Warm-up: 8:30 - 10:00 / Competition start 10:10

1	50 m freestyle	Boys
2	50 m freestyle	Girls
3	200 m butterfly	Boys
4	200 m butterfly	Girls
5	100 m backstroke	Boys
6	100 m backstroke	Girls
7	1500 m freestyle	Boys
8	400 m freestyle	Girls
9	100 m breastroke	Boys
10	100 m breastroke	Girl
11	200 m individual medley	Boys
12	200 m individual medley	Girls
13	4x 100 m freestyle relay	Boys
14	4x 100 m freestyle relay	Girls

2^{st} session

Saturday, 29.05.2021

Warm-up: 15:30 - 17:00 / Competition start 10:10

15	200 m freestyle	Boys
16	200 m freestyle	Girls
17	50 m breaststroke	Boys
18	50 m breastrstroke	Girls
19	200 m backstroke	Boys
20	200 m backstroke	Girls
21	50 m butterfly	Boys
22	50 m butterfly	Girls
23	400 m individual medley	Boys
24	400 m individual medley	Girl









25	4x 200 m freestyle relay	Boys
26	4x 200 m freestyle relay	Girls

3rd session

Sunday, 30.05.2021

Warm-up: 08:30 - 09:00 / Competition start 09:10

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27	100 m freestyle	Boys
28	100 m freestyle	Girls
29	50 m backstroke	Boys
30	50 m backstroke	Girls
31	200 m breaststroke	Boys
32	200 m breaststroke	Girls
33	100 m butterfly	Boys
34	100 m buttefly	Girls
35	400 m freestyle boys	Boys
36	800 m freestyle girls	Girl
37	4x 100 m medley relay	Boys
38	4x 100 m medley relay	Girls





