

## COVID-19 STATUS ACROSS LEN MEMBER FEDERATIONS' COUNTRIES

Updated version of 5 JUNE 2020

FEDERATION	LOCKDOWN	REOPENING PLAN	TRAINING MODALITIES	TRAINING RESTRICTIONS	COMPETITIONS	RESTART COMPETITIONS
ALBANIA	Since 10 March	Indoor pools no plan yet outdoor pools on 23 June	NO	-	NO	No clear plans yet
ANDORRA	Since 14 March complete lockdown. Since 16 April permission for 1 hour every two days for walk or run, on different hours and depending on the age. The entire population of Andorra can sign up for immunity test. The test will be done twice on a period of 15 days.	All pools are closed. Training center was opened on 4 May (only gym) and only for scholarship athletes (we have 4 athletes with scholarship). Currently training at the pool is not allowed. On 7 May we had a meeting with our government about the reopening of the pools and for the moment we believe that in about 15 days we could have a pool open at least and only for the athletes with	We can train 3 days per week, only 2 athletes at the same time with one coach.	Strong restrictions *	NO	Not clear yet
AUSTRIA	Since 16 March	3 pools as of 20 April, but no Diving; Complete reopening planned for 29 May	From 18 April top athletes (19 athletes); From 27 April top juniors (50 athletes); Training for regional level athletes not currently possible. Maybe from beginning of June. Training now is 1/lane, from 18.05 2/lane;	Strong restrictions *; Training in private pools and OW is generally allowed.	NO	First planned on 1 July; Working on rules and calendar.
BELGIUM	Since 14 March "intelligent" lockdown; Shops reopened on 11 May	Few centers open for elite swimmers only; <b>All other public swimming pools have to remain closed for swimming clubs and recreational use until 1 July.</b>	Swimmers eligible for National Team. No other disciplines	Strong restrictions *	NO	All competitions and sport events forbidden till 1 August; Belgian Swimming Federation extended ban till 1 September
BOSNIA AND HERZEGOVINA	Since 16 March complete lockdown	Plans being made, hopefully reopening as of 15 June.  15 June restart training for WP clubs	NO	—	NO	Plans being made, no available date yet.  15 August (until 1 October) restart competition for WP U14, U16, U18 and senior
BULGARIA	Since 13 March complete lockdown	In July plans to restart training	NO	—	NO	Not earlier than August, with limitations (no spectators...)
CROATIA	15 March-4 May complete lockdown	Elite swimmers started as of 4 May; Reopening as of 18 May for all athletes	Max 4 athletes + 1 coach/pool	Strong restrictions *	NO	No fixed date yet.
CROATIA SYN	Since 19 March	27 April elite athletes; 11 May outdoor; 13 May indoor; 18 May all pools	Max 15 people in 100 square meters	Strong restrictions *	NO	30 May outdoor, 15 June indoor

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<b>CROATIA WP</b>	Late March; all public gatherings and events are limited to a maximum of 40 people; starting from 11 May all business entities (including cafes, restaurants, theatres, cinemas, etc.), schools and public institutions have been allowed to operate again, but under	Clubs opened for the 1st CRO league W & M; Pools set to open for public on 18 May (subject to epidemiological situation);	Max 10 players + 1 coach	Strong restrictions *	NO	National Champs to be completed from 26 June to 01 August
<b>CZECH REPUBLIC</b>	Since 12 March	Only 1 outdoor pool opened; Gyms open since 4 May	Top athletes only	Strong restrictions (8 athletes and 4 coaches per pool)	NO	SWIMMING: end June for kids (only for 200 competitors; beginning July for juniors and seniors (only for 200 competitors) OPEN WATER SWIMMING: end June WATER POLO: new season from the end of August. Cups will be organized from July till September ARTISTIC „SYNCHRONISED“ SWIMMING: from September 2020
<b>DENMARK</b>	Since 12 March	We had hoped for reopening pools 6 June together with all other indoor sports – but the government has decided that no pool is allowed to open before August. Open water activities opened 21 April (only training – no events).	41 swimmers eligible for the National Swimming Team have been able to train from the 11 May. No other disciplines.	Strong restrictions *	NO	No plans, all Open Water events are cancelled this summer - the General Congress is moved to September.
<b>ESTONIA</b>	Received GOVERNATIVE Guidelines					
<b>FAROE ISLANDS</b>	Not a complete lockdown, but a slowdown announced on 12 March, starting immediately but with all schools and daycares formally closed from 16 March, lasting until 9 April when it was announced that daycares and schools would open again from 20 April. All sport was recommended to shut down from 12 March until after Easter (formally 20 April), with competitions again from 9 May.	All swimming pools were closed from 12 March. Swimmers training for our championships were allowed back after Easter (formally 17 April), and the pools were then gradually opened also for the public, beginning from early May. Concerning those non-competitive teams that we shut down from 12 March, we hope to be able to open again late August or early September, probably still with general and swimming-specific	Limitations are the general COVID-19 recommendations plus swimming-specific – from 17 April max 10 people with 2 meter separation, from 4 May max 50 people with 2 meter separation, from 14 May max 100 people with 1 meter separation.		Yes, we can compete, but we have to adhere to a set of swim-competition-specific COVID-19 recommendations that we have agreed with the official COVID-19 advisory panel.	Yes, as of 9 May. We had our age group championships with heavy limitations on 30-31 May, and are planning to have our Faroese champs on 3-5 July. The competition calendar from August 2020 still stands as agreed before the COVID-19 pandemic, and we hope to have our local meets then also as agreed, while the Nordic Open Masters on 2-4 October 2020 are up for consideration between the Nordic countries.
<b>FINLAND</b>	Since 15 March	All public training facilities closed. Only some top athletes allowed to train. Opening planned for 1 June, outdoor training from 14 May.	Only top athletes with different modalities by city. Max 10 athletes/session	Strong restrictions *	NO	Allowed to organize from 01.06

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<b>FRANCE</b>	Since 16 March to 11 May	Possibly restart training as of 11 May, but with lots of restrictions. As of 2 June pools are allowed to open except in the region of PARIS as it is still considered a "red zone" in France (it will be allowed after 22 June)	11 May- 2 June: high profile athletes only (180 in all disciplines). As of 2 June all athlètes but only if the pools' owners agree to open their facilities	Some restrictions	NO	Hopefully in August
<b>GEORGIA</b>	Since 15 March	Reopening plan as of 15 July	No training before 15 July	Strong restrictions *	NO	No plan yet
<b>GERMANY</b>	Since 15 March, mild lockdown	Some facilities opened for Top athletes only. Most juniors still not allowed to train. No possibility to train in WP or Synchro as physical contact cannot be avoided.	Depending on the Region (Land).	Strong restrictions *	NO	Not clear plans yet. Hopefully as of 1 September
<b>GREAT BRITAIN</b>	Since 23 March, only essential shops/businesses have been allowed to open.	Hope to be able to open 2 elite swimming training centres on the 1 June. General public and club swimming is still closed. Plans for wider opening are likely to be 4 weeks after the 2 elite swimming training centres open on 1 June.	Training for elite athletes is now permitted by the government and from a swimming perspective 70 elite athletes are eligible to train. Max training 1 per lane (25 metre pool) with strong training restrictions.	Strong restrictions *	NO	No fixed date as yet but unlikely to be any in 2020.
<b>GREECE</b>	From 16 March to 4 May general lockdown: closed schools, shops/except food, pharmacies, delivery; general circulation controlled/reduced	As of 14 May training for top athletes (SW, WP, AS, DV) in designated open pool. Every 15 days and upon estimation of the spread of the pandemic to the general population, the measures will be slackened	1 person per lane in a 50m or 25m pool. Swimming training only to improve physical condition.	Strong restrictions * No use of dressing rooms or shower. Regular disinfection of the pool, temperature measurement, use of mask, gloves, overshoes...	NO	The start of the use of pools is foreseen for the first days of June. Estimated time to start football matches of the 1st league is the 6 or 13 June, with no spectators.
<b>HUNGARY</b>	Lockdown is lifted by the decision of the Government: in the province on 4 May, in Budapest on 18 May. Overall current restrictions still due: social distancing, wearing masks in social places (public transport, shops).	Outdoor swimming pools are open since 6 May in the province and 18 May in Budapest (but no indoor pools, no saunas) with more strict conditions of social distancing and health rules.	Since 30 April 30 both the men and the women national teams started their trainings in a very strict manner. Other teams did not start their trainings, it is under consideration	Strong restrictions * The men and women National teams – separately, not meeting each other – use the Komjádi Pool. The teams live in the Pool's hotel, they cannot leave the place, cannot go out to the city. They entered the Hotel after each person had two separate negative COVID tests. They have strict rules of meals, and sanitizing their surroundings, mandatory body temperature measurements. No other people	NO	A WP Hungarian Cup competition is planned to be soon announced for the summer, which will define the ranking of the teams.

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ICELAND	NO complete lockdown.	The swimming pools and training centers are open, and trainings are allowed as normal. From 4 May, swimmers were allowed to start training in the pool again, but at that time until 25 May we had age groups: 16 years old and younger together, and 17 years old together. After that then everyone was able to have normal training.	The swimming pools and training centers are open, and trainings are allowed as normal.	No restrictions	Allowed to have competitions in June, were 200 people can be together, this 21 June. From 22 June most likely up to 2000 together in one place.  We will have our junior championship in 25m pool 3-5 July 2020. Icelandic Open Championship in a 50m pool on 17-19 July 2020.	As of June
IRELAND	Since 13 March (rep. of Ireland). Since 20 March (Northern Ireland). From 25 May we are allowed to have 200 people together.	High Performance athletes to return to training as of 8 June in single National Centre. 20 July for pools in Rep. of Ireland.		Strong restrictions *	NO	As of 20 July some outdoor; No competition with spectators before 10 August.
ISRAEL	Since 22 March till 2 May	Since 3 May some, but most of the pools still closed due to high costs of reopening. All pools reopened since 27 May	15 people max athletes+coaches. 2 swimmers per lane. 20 people for team training.	Strong restrictions *	NO	No fixed date yet. Hopefully events with up to 100 people as of June. WP League will restart on 15 July
ITALY	Since 8 March till 4 May	Since 4 May very few top athletes in Federation's Centers. No WP and SYN. Small % of pools reopened on 18 May, more in the	7 SQM per swimmer in the pool.	Strong restrictions *	NO	Hope for the end of August
KOSOVO	Since beginning of outbreak (March)	Expected reopening of pools on 1 June, but uncertain	NO	—	NO	Expected end of July or August
LATVIA	Since 13 March	All pools closed since 25 March. Re-opening from 12 May. National team training from 19 May	Since 12 May pools are allowed to open with restrictions	1 person per 12 square meters (of water).	NO	Expected to restart from September
LIECHTENSTEIN	Since 14 March complete lockdown	Hopefully in the beginning in June	NO	—	NO	Unknown
LITHUANIA	Since 16 March to 27 April. 27 April some restrictions lifted	Now for elite athletes. Closed for general public	10 SQM per athlete	Strong restrictions *	NO	NO
LUXEMBOURG	Since 16 March complete lockdown	All pools closed except National Training Center. Since 4 May only top/Olympic athletes can train under very strict restrictions.	Only 5 Olympic swimmers. 3 athletes + 1 coach/pool, 1 free lane between swimmers.	Strong restrictions *	NO	No competition allowed till 31 July, although priority given to opening the pools rather than competitions.

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<b>MALTA</b>	Partial Lockdown from 12 March. Some shops such as clothes shops were allowed to open on the 4 May. Restaurants, hairdressers and other activities were allowed to open on 25 May with certain restrictions, mainly regarding social distancing and the use of masks or visors. <b>Airport should reopen as of 1 July.</b>	Open air pools are now open but we can have only three swimmers per 25 meter lane.	A coach can have a maximum of 5 swimmers as the maximum size of a group of people allowed is 6. Swimming is only allowed for the elite athletes and no swimmers under age of 8 are allowed into the pools. Training is allowed for all disciplines with restricted numbers. <b>Maximum number of swimmers in a 50 meter pool is 80 with 10 coaches on deck.</b> <b>Water polo training without physical contact (only swimming and technical exercises) resumed at the end of March. Water polo training</b>	Strong restrictions * All persons are checked for temperature prior to entering the pool and have to wear a mask or visor prior to the session and after finishing it. Coaches must wear a mask or visor throughout the session also.	NO	We expect the relaxation of restrictions to coincide with the opening of our airport which will probably be in mid-July. If this is the case we expect our competitions to resume but we have no idea what further restrictions there may be. <b>Water polo competition will restart as of 15 July, behind closed doors.</b>
<b>NORTH MACEDONIA</b>	Never complete lockdown	Hopefully as of 15 May	—	Strong restrictions *	NO	Allowed from 10 August
<b>MOLDOVA</b>	Since 15 March to 15 May complete lockdown	All pools are closed. Currently unknown when they will reopen, even partially.	Federation's request to Government pending	—	NO	NO
<b>MONTENEGRO</b>	Since 17 March complete lockdown from 17. Coronavirus protection measures are currently significantly mitigated, large gatherings are forbidden, it is not yet possible to leave the country, and the sport started operating from 6 May, initially through individual training.	Pools closed from 17 March to 6 May. Now open.	Trainings for all athletes started on 6 May. There can be a maximum of 10 athletes in the pool, with two coaches.	Strong restrictions * When entering the pool it is necessary to follow the procedure submitted by the Institute of Public Health (masks, disinfection of hands and things, social distance of 2 meters...)		Competitions are planned from 1 June behind closed doors (no spectators)
<b>NETHERLANDS</b>	Since 16 March soft lockdown. Currently easing up the restrictions.	Pools, outdoor and indoor, reopened on 11 May. Top Swimmers can train again from 21 April, at designated facilities.	As of 1 June Juniors from 0 – 18 do not have to keep the 1.5 meter distance any more. This means they can train and play waterpolo without restrictions. For the age group 18 & older they can start training, also with passing the ball, but they have to keep the distance of 1.5m (rule is 1 athlete in 10.5 m2 of water). We hope and expect the "distance rule" will also change for the national teams, very soon, followed by a change for all swimmers starting 1 July. Waterpolo is the only sport (with a ball in the hands) that can start their training thanks to the water (chlorine/ PH value). Team sports on land are still limited to train outside and without ball (except	Loosening of restrictions	NO	No sports events allowed at least till September

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<b>NORWAY</b>	Since 12 March. All organised sports cancelled, both training and competitions. All pools and all gyms had to close. Keep distance, no groups outside household. Other than that no restrictions on outdoor training. Encouraged to work from home.	Gradual reopening of society from 20 April. Pools reopened for organised practice and school swim lessons from 1 June. A maximum of 20 swimmers in a group. Keep 1m distance at all times, except for under 20s – no distance restrictions as long as they are training (but distancing required on land, in the locker rooms etc). Planned reopening of the pools for the general public from 15 June, with limited groups and distancing.	Swim clubs can practice in the pools from 1 June. Groups of 20 including a coach, a maximum of 50 people in total in the facility. Most clubs divide time between all members, of all ages, prioritising young people.	Some restrictions: limited numbers, hand hygiene upon entering and exiting the premises, 1m distance.	All pool competitions cancelled until August. Constant revising of competition schedule. Competitions allowed from 1 June, with a maximum of 50 including athletes and officials. Only local/club competitions, no travelling outside local municipalities	No clear plans
<b>PORTUGAL</b>	Since 13 March complete lockdown	Pools and National Centers closed. Hope that swimmers included in special programs (20) may begin practices as of 11 May at least in the two national centers.	Training allowed only for swimmers of Olympic interest but only 4 out of 8 have access to facilities because the remaining local authorities do not allow the use of the pools.	Strong restrictions *	NO	No news yet, hopefully in November
<b>POLAND</b>	Since 15 March	From 8 May with restrictions two Olympic Preparation Centre - 25m pool. From 1 June another one Centre with 50 m pool for swimming and diving national team. From 6 June all swimming pools.	From 8 May two Central Sport Centre - Olympic Preparation Centre are open with 25 m swimming pool for national team only. From 1 June another one Centre with 50 m swimming pool for national team (junior, senior category) only. From 6 June all swimming pools in the country will be open for training.	No more than 4 people/lane. The facility can be used at 50% of the capacity. Restrictions: face mask indoors, social distance 2 meters, hand disinfection. The facility should be often disinfected (dressing rooms, showers, hall, reception etc.)	No	From 6 June all sports competition can be organized for limited number of 150 people. No plan yet for bigger events.
<b>ROMANIA WP</b>	Since 16 March complete lockdown	NO	NO	—	NO	NO
<b>RUSSIA SW</b>	Since 28 March complete lockdown	Swimming pools / training centers are currently still closed	Overall general training in the swimming pools is still not allowed. The training of the Russian National Swimming Team in the Training Center of the Ministry of the Russian Federation is allowed from	Lockdown	NO	No plans yet
<b>RUSSIA WP</b>	Currently some soft lockdown	No plan yet	NO	Strong restrictions *	NO	No plans yet

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<b>SAN MARINO</b>	From 16 March to 04 May complete lockdown. Only necessary services (e.g., food and medical business) were allowed to work, but they had to follow the WHO recommendations such as distancing, hygienic procedures etc. People could not leave home except for reason of health, work or primary necessity. Since 5 May, although needing to maintain social distancing and hygienic procedures, people started to go back to work and were allowed to leave their home. Businesses unable to guarantee social distancing (such as restaurants and bar) were not	All the sport activity were stopped from 14 March to 5 May. From 5 May only athletes of NOC interest were allowed to train. We have top athletes in swimming and artistic swimming and they all can come back to training.	Athletes back in training have to follow the rules of distancing and hygienic procedures. No use the locker rooms allowed.	Strong restrictions *	NO	Still unknown
<b>SLOVAKIA</b>	Since 12 March 2020	In June the pools may start reopening for clubs and public with strong restrictions. But it all depends on financial situation of clubs and pools	From 18 May 1 pool opened for elite swimmers in Bratislava (1 person/lane); from 25 May the same pool opened for clubs; from 3 June pools may open for public and clubs with strong restrictions	From 3 June athletes will be allowed to indoor and outdoor pools. 1 person per 15m2, pools have to note names of all people entering the facility. People has to have temperature under 37 degrees C. Everyone must wear face mask indoors, except of	NO	First planned competitions in late July in OWS. Other sports from beginning of September. Current restrictions are for all indoor and outdoor events for over 100 people
<b>SLOVENIA</b>	Since 16 March complete lockdown	8 May reopening of outdoor pools. 18 May reopening of pools. Water Polo, Swimming and Synchro started practicing as of 18 May	Phase 1 and phase 2 foreseen. Phase 1: only athletes of Olympic interest - max 4/pool. Phase 2: 2-3 weeks after phase 1 - max 16 athletes/pool. Use of swimming pools only for registered athletes and max 20 of them.	Strong restrictions *	NO	Could be allowed behind closed doors as of June, if situation stabilizes.
<b>SPAIN</b>	Since 15 March complete lockdown	National Center reopened as of 11 may but only for High-Performance athletes.	From 11 May only 3 facilities will reopen (HPCs) and top athletes of Olympic interest will be allowed to get in the pool and resume training. The Spanish Swimming Federation will conduct blood tests for immunity to all personnel (coaches and athletes) before the start of training at the HPCs. Practice will be limited to 1 athlete/lane and 2 coaches on the pool deck. Body temperature and health status will be monitored	Strong restrictions *	NO	No defined plan yet
<b>SWEDEN</b>	Soft lockdown	All open.	All allowed to train	2mt physical distance	Some clubs competitions already happening but "micro" events with less than 50 people. No main events	No plan yet for bigger events.

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SWITZERLAND	Since 16 March	From 11 May with restrictions Owners of the pools may decide for themselves if opening or not.	Max of 5 people/group, incl. coach and respect of 2mt distance. For top swimmers larger number allowed.	Restrictions	NO	Until end of August no events with more than 1000 people. Further step expected 27.05
TURKEY	Since 21 March to 18 May complete lockdown	Pools closed since 15 March. On 18 May opened to swimmers who made Tokyo A-B (only 27 Swimmers) in government facilities only. Expect to reopen between 1 and 10 June (also indoor pools) for limited number of International and High Performance Level Swimmers only. Between 15 June and 1 July expect all swimming pools, including private ones, to reopen to public and to all swimmers of all levels, of any age groups.		Strong restrictions *	NO	NOT before August. Only one competition after 15 August, Turkish Open Nationals, in order to see the ranking of swimmers.
UKRAINE	Since 16 March complete lockdown	Designated pools to reopen as of 12 May for top athletes. As of 1 June expectations are that all pools will reopen	—	Strong restrictions *	NO	Possibly as of June with limitations on number of people (50) and behind closed doors (no spectators)

\* strong restrictions include: few athletes/lane; very limited ratio of athletes/coach; coaches wearing masks; no physical contact between athletes; no use of dressing rooms and/or showers...